| WEEK 2 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |  |
|  | Monday | Tuesday | Wednesday | Italian Theme Lunch | Friday | Saturday | Sunday |
| Toast Bar | Wholegrain, Brown Soda, White Sliced \& Granary Breads with a selection of Jams \& preserves. Additional cereals and natural yogurt \& toppings an additional option. |  |  |  |  |  |  |
| Daily Special | Baked Beans | Omelette | Boiled eggs | Hash brown | Pancakes | Cockail Saussages | Brunch |
| Morning Break |  |  |  |  |  |  |  |
|  | Shortbread | Biscuits | Cream crackers | Homemade cookies | Hummous \& cucumber | Selection mini Biscuits | Brunch |
| Lunch |  |  |  |  |  |  |  |
| Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day |  |  |
| Lunch Choice | Vegetable Pie or Beef $\&$ Mushroom Pie served with creamy potatoes | BBQ Quorn Or Pulled pork served on Brioche bun with gherkin, cheese \& salad | Sautee mixed Vegetables served with boiled potatoes \& green beans | Spinach \& Mozzarella Lasagne | Penne pasta served with choice of Vegetables stir fry or Teriyaki Salmon | Vegetables or Beef Irish Stew | Brunch (see below) |
| Lunch Choice |  |  | Baked Chicken served with boiled potatoes \& green beans | Beef Lasagne |  |  | Brunch (see below) |
| Sides | Steamed carrot \& parsip | Homemade wedges |  | Peas \& corn | Steamed Broccoli | Boiled potatoes \& Turnip |  |
| Big Bowl Salads | Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side |  |  |  |  |  |  |
| Dessert | Chocolate brownie \& fresh cream | Raspberry \& white chocolate sponge | Sticky toffee pudding \& caramel sauce | Tiramisu | Homemade Banoffie | Rainbow Donuts | Mini Gateaux |
| Afternoon break |  |  |  |  |  |  |  |
| Afternoon break | Mini cookies | Mini biscuits | Mini Chocolate bars | Cookies | Carrot cake | Mini Biscuits |  |
| Supper |  |  |  |  |  |  |  |
| Dinner Choice | Spicy Cauliflower or Chicken wings served with crispy double fried chips | Spaghetti Bolognese served with choice of vegetables or mince Beef | Egg Fried rice with mixed peppers, carrots | Quorn Sausages or Pork <br> sausages served <br> with mashed potato \& onion gravy  | Pizza Bar served with spicy potato wedges | Burger Bar choice of Veggie or Peri Peri Chicken \& chips | Vegetable or Beef Stroganoff \& scallion garnish |
| Dinner Choice |  |  |  |  |  |  |  |
| On the Side | Garlic mayonaise | Garlic bread / grated Cheese | Vegetables spring rolls / prawn crackers | Steamed garden vegetables |  |  | Boiled basmati rice |
| Big Bowl Salads | Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side |  |  |  |  |  |  |
| Late Evening Cereals | A Selection of Cereals including Weetabix, Coco Pops, Rice Krispies, Corn Flakes, Gluten free cereal , breads \& Hot Drinks selection |  |  |  |  |  |  |

