

WEEK 1							
Breakfast							
	Monday	Tuesday	Wednesday	Indian Day	Friday	Saturday	Sunday
Toast Bar	Wholegrain, Brown Soda, White Sliced & Granary Breads with a selection of Jams & preserves. Additional cereals and natural yogurt & toppings an additional option.						
Daily Special	Boiled Egg	Hash brown	Omelette	Indian Theme	Pancakes	Delicious Irish breakfast sausages	Brunch
Morning Break							
	Selection mini Biscuits	Cheese & crackers	Hummous & carrots	Mini Gateaux	Homemade brownie	Biscuits	Brunch
Lunch							
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
Lunch Choice	Breaded Quorn served with mashed potato & gravy	Vegetable Hot pot	Vegetable Gnocchi	Delhi Dhall served with Chota Naan	Spinach & ricotta Tortellini	Traditional lentil Curry Or Beef Curry served with poppadum & steamed rice	Brunch (see below)
Lunch Choice	Breaded Chicken served with mashed potato & gravy	Lamb Hot pot	Baked Ham served braised cabbage & parsley sauce	Lamb Briyani	Traditional Battered Fish served with mushy peas and tartare sauce		Brunch (see below)
Sides	Steamed carrot battons	Roasted mediterranean vegetables	Seasonal Vegetables	Vegetable Samosas	Crushed potatoes	Steamed green beans	
Big Bowl Salads	Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side						
Dessert	Lemon Drizzle Cake	Chocolate sponge	Coconut Jam sponge & fresh cream	Cardamon Rice pudding	Apple crumble with warm custard	Waffles	
Afternoon break							
Afternoon break	Rocky road	Mini biscuits	Chocolate bars	Fruit Salad	Mini Biscuits	Short bread	
Supper							
Dinner Choice	Creamy Vegetables penne Pasta	Paella Choice of Vegetables or Chicken & spanish chorizo served with corn on cob	Spinach & Ricotta Tortellini	Vegetable & Chicken fajitas served with classic salsa & garlic sauce	Traditional Spice bag choice of Vegetable or Chicken & curry sauce	Vegetables Quiche	Penne pasta served with Cajun Vegetables or Cajun Chicken
Dinner Choice	Pasta Carbonara		Lamb Kebab, pitta bread & garlic sauce			Baked jambon served with coleslaw	
On the Side	Crispy garlic bread		Crispy chips	Twisty fries		Crispy wedges	
Big Bowl Salads	Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side						
Late Evening Cereals	A Selection of Cereals including Weetabix, Coco Pops, Rice Krispies, Corn Flakes, Gluten free cereal , breads & Hot Drinks selection						