

WEEK 2							
Breakfast							
	Monday	Tuesday	Wednesday	Valentine	Friday	Saturday	Sunday
Toast Bar	Wholegrain, Brown Soda, White Sliced & Granary Breads with a selection of Jams & preserves. Additional cereals and natural yogurt & toppings an additional option.						
Daily Special	Baked Beans	Omelette	Boiled eggs	Hash brown	Pancakes	Cockail Sausages	Brunch
Morning Break							
	Shortbread	Biscuits	Cream crackers	Chococlate Hearts	Hummous & cucumber	Selection mini Biscuits	Brunch
Lunch							
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
Lunch Choice	Vegetable Pie or Beef & Mushroom Pie served with creamy potatoes	BBQ Quorn Or Pulled pork served on Brioche bun with gherkin, cheese & salad	Sautee mixed Vegetables served with boiled potatoes & green beans	Spinach & Mozzarella Lasagne	Noodles served with choice of Vegetables stir fry or Teriyaki Salmon	Vegetables or Beef Irish Stew	Brunch (see below)
Lunch Choice			Baked chicken Ratouille with cruched herb potatoes	Beef Lasagne			Brunch (see below)
Sides				Peas & corn			Steamed Broccoli
Big Bowl Salads	Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side						
Dessert	Chocolate brownie & fresh cream	Raspberry & white chocolate sponge	Sticky toffee pudding & caramel sauce	Meringe & strawberry	Homemade Banoffie	Rainbow Donuts	Mini Gateaux
Afternoon break							
Afternoon break	Mini cookies	Mini biscuits	Mini Chocolate bars	Cookies	Carrot cake	Mini Biscuits	
Supper							
Dinner Choice	BBq Cauliflower or BBq Chicken wings served with crispy double fried chips	Spaghetti Bolognese served with choice of vegetables or mince Beef	Egg Fried rice with mixed peppers, carrots	Quorn Sausages or Pork sausages served with mashed potato & onion gravy	Pizza Bar served with spicy potato wedges	Burger Bar choice of Veggie or Peri Peri Chicken & chips	Vegetable or Beef Stroganoff & scallion garnish
Dinner Choice				Steamed garden vegetables			Boiled basmati rice
On the Side			Garlic mayonaise	Garlic bread / grated Cheese			Vegetables spring rolls / prawn crackers
Big Bowl Salads	Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side						
Late Evening Cereals	A Selection of Cereals including Weetabix, Coco Pops, Rice Krispies, Corn Flakes, Gluten free cereal , breads & Hot Drinks selection						